

GCSE Physical Education: Exam Board: AQA

GCSE Exam Structure

There are no changes to the written content on the PE exams in Summer 2021.

AQA have reduced the number of practical sports in the NEA from 3 to 2.

<p>The Human Body & Movement in Physical Activity in Sport</p> <p>Paper 1: 1hr 15 mins</p> <ul style="list-style-type: none">• Anatomy & Physiology• Biomechanics• Fitness & Training <p>30% of final grade</p>	<p>Socio-cultural Influences and Well-being in Physical Activity in Sport</p> <p>Paper 2: 1hr 15 mins</p> <ul style="list-style-type: none">• Skill Acquisition• Sport Psychology• Engagement Patterns <p>30% of final grade</p>	<p>Non-Examined Material (NEA)</p> <p>10% Written NEA (Completed during Year 10 lockdown)</p> <p>30% 2 Practical Sports</p>
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December Mock Exam Structure (30th November – 11th December)

<p>Paper 1: As Above</p> <p>Mrs Bell</p> <p>1hr 15 mins</p> <p>78 marks with a 6 & a 9 mark question</p>	<p>Paper 2: As Above</p> <p>Mrs Hockaday</p> <p>1hr 15 mins</p> <p>78 marks with a 6 & a 9 mark question</p>	<p>NEA: 40%</p> <p>The written NEA (completed) You worked magnificently during lockdown and now 10% of your final grade is complete.</p> <p>Your best 2 practical marks will be calculated in your mock grade.</p>
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March Mock Exam Structure

We will repeat the exact same format of 2 exam papers (Paper 1 & Paper 2). This will replicate what the “real exams” will be like in May 2021)

Being Organised

In your first after school revision session on Thursday 22nd Oct you will be provided with a file which will contain:

1. 2 packs of AQA exam questions with the mark schemes.
2. 2 packs of Learning grids– this will help you to focus on the key terms and develop answers.
3. 2 revision guides.

Other Online Material

- [GCSE Bitesize](#)
- [Youtube PlanetPE](#)

Plan: Remaining Teaching Weeks to Mock Exams

Week Beginning	Lesson Content	Revision Material	Curriculum Recovery	Homework	Revision Class
		Topic on a page and learning grids on a page linked to the following topics			
12 th October	Muscles. Commercialisation & Media.	Fitness Testing. Information processing.	Not required as we have completed the written NEA and are not behind in terms of the content at all, in fact we are ahead of where we need to be.	Exam questions linked to lesson content & prepare revision notes to bring to next session / lesson.	
19 th October	Muscles. Sponsorship & Impact of this & media.	Muscles & planes of axes. Levers. Guidance & feedback.			Resource will be given out and we will go through the Learning grids for Paper 1 & 2 & the topic on a page.
Half Term Homework	Pupils are to complete the "5 a-day" exam booklet. It's a simple format, and we would like you to spend 30 mins a day. Answer the 5 questions and then check your answer against the mark scheme in the back of the booklet, and green pen the model answer.				
2 nd November	Muscles & planes of axes. Impact of technology in sport.	Methods of training. Altitude training. Periodization. Arousal.	As above.		
9 th November	Cardio vascular system. Ethical conduct	Plyometrics. Personality & motivation.			AO3 exam technique
16 th November	CV System. Drugs.	Prevention of injury. Warm up & cool down. Aggression.			
23 rd November	Respiratory system. Hooliganism.	Principles of training. Engagement patterns.			AO3 exam technique

Plan: January to Summer Exams

Half-term	Lesson Content	Revision Material	Curriculum Recovery	Homework	Revision Class
January to February	Aerobic & Anaerobic Energy systems. Physical, social & mental well-being.	Engagement patterns (age, gender, disability etc).	As above.	The bulk of your homework will focus upon exam answering technique. We will look at individual performance in your December mocks to focus our work together.	Revision in response to mock QLA / exam tech.
February to April	Somatotypes, sedentary lifestyle. Diet. Revision	Golden Triangle (media, sponsorship & commercialisation).			Revision in response to mock QLA / exam tech.
April to May	Revision	Healthy lifestyles positive & negatives.			Revision in response to mock QLA / exam tech.